

EarthShift Supply Kits

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of



Supply Item -
Basic Camping
(add to basic home kit)

total # in each Kit

Store or
Place to
obtain

Expiration
Date (if
applies)

Total
Qty - All
Bags

Enter
Cost \$











Total
Cost \$

Ordered

Ready to
Pack












Packed
into each
Kit














Sample Items














Name	Category	Sample Link	Example Cost	Photo	Notes
Sample List	LIST FROM				
Pet food	Family & Pets				Food, leash, tag, toys
Children needs	Family & Pets				diapers, toys.
Elders needs	Family & Pets				Medications, devices
First Aid Kit	First Aid	https://www.target.com/s?Nao=0&facetedValue=5t8pw&...49175761	\$25.00		
Medications - 14 day supply	Medical				
5 year Water - 3 packets of 125 mil = 1 gallon	Food & Fluids	https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies/datrex-emergency-drinking-water-supply	\$1.00		More Options: https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies
50 Year Water - Blue Can - 1 case = 2.25 Gallons	Food & Fluids	https://www.bluecanwater.com/	\$29.95		2.25 gallons per case. Store under bed
30 Year Frieze Dried Food - 2 Weeks	Food & Fluids	https://www.mountainhouse.co...	\$285.00		
30 Year Frieze Dried Food - 3 days	Food & Fluids	https://www.mountainhouse.co...	\$63.00		Requires a small amount of water and the water to be heated.
Chunky Soup 3-5 years	Food & Fluids	https://www.target.com/s?searchTerm=chunky%20soup	\$2.00		Buy pop lid or can opener. Needs heat or ok to eat cold. Can foods are ok to eat beyond their expiration date. Judge if it is ok when you open, but best to replace cycle through every few years. http://www.stilltasty.com/fooditems/index/16501

These suggestions are samples only, please review and find the best supplies for your life style and situation.

We used Target as the main vendor on many of the items (not Amazon) because you can go and see the items.

Name	Category	Sample Link	Example Cost	Photo	Notes
5 year MRE - 3 day supply - with heat source	Food & Fluids	https://www.thereadystore.com/deluxe-food-and-water-supply-three-day	\$69.00		<p>https://www.thereadystore.com/easydisp</p> <p>https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies/datrex-ration-2400-calorie-emergency-food-bar</p> <p>http://realsurvivalist.com/best-emergency-food-supplies/</p>
Survival Kits	Food & Fluids	https://www.thereadystore.com/preparedness-supplies/survival-kits			https://www.safe-t-proof.com/earthquake-survival-kits-supplies/survival-kits-ready-to-go
travel tooth brush	Hygiene	https://www.target.com/p/dent-source-toothbrush-47-toothpaste-travel-kit/-/A-11031735	\$1.00		toilet paper, Kleenex, travel tooth brush and paste.
Hand sanitizer	Hygiene	https://www.target.com/p/pure-174-individually-wrapped-hand-sanitizing-wipes-300ct/-/A-51420813	\$10.00		
Body wipes	Hygiene	https://www.target.com/s?searchTerm=body%20wipes	\$5.00		For shower
Camping toilet paper	Hygiene	https://www.rei.com/search.html?q=camping+toilet+paper&ori...	\$3.00		
Travel kleenex	Hygiene	https://www.target.com/p/kleenex-tissues-qopks-3pk/-/A-12964824	\$1.00		
Can Opener	Camping	https://www.target.com/p/stainless-steel-can-opener-room-essentials-153/-/A-14769512#lnk=sametab	\$12.00		
Camping Stove - List	Camping	https://www.target.com/s?Nao=0&facetedValue=55pae&...14900808	\$30.00	 	
Propane	Camping	https://www.target.com/p/coleman-174-2pk-propane-fuel-tank/-/A-12841958	\$10.00		

Name	Category	Sample Link	Example Cost	Photo	Notes
Jetboil - Fuel	Camping	https://www.amazon.com/Jetboil-Jetpower-4-Season-Fuel-Blend/dp/B001GCVJ4M/ref=sr...s=industrial&ie=UTF8&qid=14...1&keywords=jetboil+fuel	\$14.00		
Camping Stove - Jetboil	Camping	https://www.jetboil.com/	\$100.00		Great for water and very small. Famous with campers.
Tents - List	Camping	https://www.target.com/s?searchTerm=tents	\$60.00		
Mess Kit - Collapsible	Camping	https://www.target.com/p/ust-flexware-mess-kit-1-0-orange/-/A-51783350?link=rec adapt dph related_pr...	\$13.00		Needs a knife.
Sleeping Bag	Camping	https://www.target.com/s?Nao=0&facetedValue=5zja7Z5...	\$60.00		
Survival Blanket	Camping	https://www.target.com/p/ust-survival-blanket-2-0-orange/-/A-51793787?link=rec slp search_bought slp5...	\$13.00		
Head Flash Light	Camping	https://www.target.com/p/as-seen-on-tv-174-led-atomic-head-lamp/-/A-52118116	\$20.00		Flash light that allows your hands to remain free.
Rain Pancho	Camping	https://www.target.com/s?searchTerm=rain%20poncho#s...21520183	\$9.00		
2 pack Lighter	Camping	https://www.target.com/p/bic-multi-purpose-lighter-combo-2ct/-/A-14776969	\$5.00		
First Aid Kit - Sportsman Grizzly	Camping	https://www.amazon.com/Adv...Medical-Kits-Sportsman-Grizzly/dp/B008CZZVB8	\$94.00		Excellent book on first aid. Backpacking.
Trash Bags - For Sanitary	Camping	https://www.target.com/p/glad-174-odorshield-febreze-fresh-clean-scent-tall-kitchen-drawstring-trash-bags-13gal-50ct/-/A-14738952	\$11.00		For bathroom, with no water. Use in a 5 gal bucket or the toilet.
Emergency radio and flash light	Tools	https://www.target.com/p/eme...radio-eton-am-fm-radio/-/A-49141269	\$40.00		
Flash Light	Tools	https://www.target.com/s?Nao=0&facetedValue=5vfd&...	\$10.00		

Name	Category	Sample Link	Example Cost	Photo	Notes
Batteries - 1 - 24 pack of AA and AAA	Tools	https://www.target.com/s?searchTerm=batteries	\$28.00		Match batteries to your kit items. Check expiration, more is better.
Whistle	Tools	https://www.target.com/s?Nao=0&facetedValue=6nkqm...	\$4.00		
Multi-Tool	Tools	https://www.target.com/s?Nao=0&facetedValue=96a1n&...51779179	\$20.00		http://www.ustbrands.com/product/hammer-beast-multi-tool/
Duct tape	Tools	https://www.target.com/s?Nao=0&facetedValue=5dc7d&...	\$4.00		
Dust Mask	Tools	http://www.acehardware.com/s...kwCatId=&kw=dust%20mask...	\$7.00		
Work Gloves	Tools	https://www.target.com/s?Nao=0&facetedValue=5t066&...	\$6.00		
Fire Extinguisher - Target	Tools	https://www.target.com/p/first-alert-designer-kitchen-and-home-fire-extinguisher/-/A-13794210#lnk=sametab	\$23.00		
Fire Extinguisher - Size recommended by F.D.	Tools	https://www.amazon.com/Kidd...21005779-Fire-Extinguisher-160Cl/dp/B000VBGG5Q/ref=sr...ie=UTF8&qid=1500253457&sr...1&keywords=kiddie%2BFire%2...	\$38.00		Recommended by LAFD: Dry chemical type with a minimum size rating of 2A-10BC, with an earthquake restraining strap
Two Way Walkie Talkie	Communication	https://www.target.com/s?Nao=0&facetedValue=5v5et&...	\$70.00		Some are single, in pairs or packs. Some are rechargeable.
Backpack	Storage	https://www.target.com/s?Nao=0&facetedValue=5t091&...	\$35.00		https://www.thereadystore.com/ultimate-backpack-model-8045d
Rolling Duffle Bag	Storage	https://www.target.com/s?Nao=0&facetedValue=5v9ys&...	\$70.00		
Rolling Storage Box for supplies	Storage	https://www.containerstore.co...bags-boxes/store-it-all-trunk-with-wheels/12d?productId=10005098	\$52.00		This can be used to store all you supplies and as a bench (with pillows).
Under bed storage box	Storage	https://www.target.com/s?Nao=0&facetedValue=4v3y2&...	\$18.00		Great for storing water