

# EarthShift Supply Kits

Page

of



Supply Item

total # in each Kit

Store or  
Place to  
obtain

Expiration  
Date (if  
applies)

Total  
Qty - All  
Bags

Enter  
Cost \$










Total  
Cost \$

Ordered

Ready to  
Pack












Packed  
into each  
Kit














## Sample Items














Name	Category	Sample Link	Example Cost	Photo	Notes
<b>Sample List</b>	LIST FROM				
Pet food	Family & Pets				Food, leash, tag, toys
Children needs	Family & Pets				diapers, toys.
Elders needs	Family & Pets				Medications, devices
First Aid Kit	First Aid	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=5t8pw&amp;...49175761">https://www.target.com/s?Nao=0&amp;facetedValue=5t8pw&amp;...49175761</a>	\$25.00		
Medications - 14 day supply	Medical				
5 year Water - 3 packets of 125 mil = 1 gallon	Food & Fluids	<a href="https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies/datrex-emergency-drinking-water-supply">https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies/datrex-emergency-drinking-water-supply</a>	\$1.00		More Options: <a href="https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies">https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies</a>
50 Year Water - Blue Can - 1 case = 2.25 Gallons	Food & Fluids	<a href="https://www.bluecanwater.com/">https://www.bluecanwater.com/</a>	\$29.95		2.25 gallons per case. Store under bed
30 Year Frieze Dried Food - 2 Weeks	Food & Fluids	<a href="https://www.mountainhouse.co...">https://www.mountainhouse.co...</a>	\$285.00		
30 Year Frieze Dried Food - 3 days	Food & Fluids	<a href="https://www.mountainhouse.co...">https://www.mountainhouse.co...</a>	\$63.00		Requires a small amount of water and the water to be heated.
Chunky Soup 3-5 years	Food & Fluids	<a href="https://www.target.com/s?searchTerm=chunky%20soup">https://www.target.com/s?searchTerm=chunky%20soup</a>	\$2.00		Buy pop lid or can opener. Needs heat or ok to eat cold. Can foods are ok to eat beyond their expiration date. Judge if it is ok when you open, but best to replace cycle through every few years. <a href="http://www.stilltasty.com/fooditems/index/16501">http://www.stilltasty.com/fooditems/index/16501</a>

These suggestions are samples only, please review and find the best supplies for your life style and situation.

We used Target as the main vendor on many of the items (not Amazon) because you can go and see the items.

Name	Category	Sample Link	Example Cost	Photo	Notes
5 year MRE - 3 day supply - with heat source	Food & Fluids	<a href="https://www.thereadystore.com/deluxe-food-and-water-supply-three-day">https://www.thereadystore.com/deluxe-food-and-water-supply-three-day</a>	\$69.00		<p><a href="https://www.thereadystore.com/easydisp">https://www.thereadystore.com/easydisp</a></p> <p><a href="https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies/datrex-ration-2400-calorie-emergency-food-bar">https://www.safe-t-proof.com/earthquake-survival-kits-supplies/emergency-food-and-water-supplies/datrex-ration-2400-calorie-emergency-food-bar</a></p> <p><a href="http://realsurvivalist.com/best-emergency-food-supplies/">http://realsurvivalist.com/best-emergency-food-supplies/</a></p>
Survival Kits	Food & Fluids	<a href="https://www.thereadystore.com/preparedness-supplies/survival-kits">https://www.thereadystore.com/preparedness-supplies/survival-kits</a>			<a href="https://www.safe-t-proof.com/earthquake-survival-kits-supplies/survival-kits-ready-to-go">https://www.safe-t-proof.com/earthquake-survival-kits-supplies/survival-kits-ready-to-go</a>
travel tooth brush	Hygiene	<a href="https://www.target.com/p/dent-source-toothbrush-47-toothpaste-travel-kit/-/A-11031735">https://www.target.com/p/dent-source-toothbrush-47-toothpaste-travel-kit/-/A-11031735</a>	\$1.00		toilet paper, Kleenex, travel tooth brush and paste.
Hand sanitizer	Hygiene	<a href="https://www.target.com/p/pure-174-individually-wrapped-hand-sanitizing-wipes-300ct/-/A-51420813">https://www.target.com/p/pure-174-individually-wrapped-hand-sanitizing-wipes-300ct/-/A-51420813</a>	\$10.00		
Body wipes	Hygiene	<a href="https://www.target.com/s?searchTerm=body%20wipes">https://www.target.com/s?searchTerm=body%20wipes</a>	\$5.00		For shower
Camping toilet paper	Hygiene	<a href="https://www.rei.com/search.html?q=camping+toilet+paper&amp;ori...">https://www.rei.com/search.html?q=camping+toilet+paper&amp;ori...</a>	\$3.00		
Travel kleenex	Hygiene	<a href="https://www.target.com/p/kleenex-tissues-qopks-3pk/-/A-12964824">https://www.target.com/p/kleenex-tissues-qopks-3pk/-/A-12964824</a>	\$1.00		
Can Opener	Camping	<a href="https://www.target.com/p/stainless-steel-can-opener-room-essentials-153/-/A-14769512#lnk=sametab">https://www.target.com/p/stainless-steel-can-opener-room-essentials-153/-/A-14769512#lnk=sametab</a>	\$12.00		
Camping Stove - List	Camping	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=55pae&amp;...14900808">https://www.target.com/s?Nao=0&amp;facetedValue=55pae&amp;...14900808</a>	\$30.00	 	
Propane	Camping	<a href="https://www.target.com/p/coleman-174-2pk-propane-fuel-tank/-/A-12841958">https://www.target.com/p/coleman-174-2pk-propane-fuel-tank/-/A-12841958</a>	\$10.00		

Name	Category	Sample Link	Example Cost	Photo	Notes
Jetboil - Fuel	Camping	<a href="https://www.amazon.com/Jetboil-Jetpower-4-Season-Fuel-Blend/dp/B001GCVJ4M/ref=sr...s=industrial&amp;ie=UTF8&amp;qid=14...1&amp;keywords=jetboil+fuel">https://www.amazon.com/Jetboil-Jetpower-4-Season-Fuel-Blend/dp/B001GCVJ4M/ref=sr...s=industrial&amp;ie=UTF8&amp;qid=14...1&amp;keywords=jetboil+fuel</a>	\$14.00		
Camping Stove - Jetboil	Camping	<a href="https://www.jetboil.com/">https://www.jetboil.com/</a>	\$100.00		Great for water and very small. Famous with campers.
Tents - List	Camping	<a href="https://www.target.com/s?searchTerm=tents">https://www.target.com/s?searchTerm=tents</a>	\$60.00		
Mess Kit - Collapsible	Camping	<a href="https://www.target.com/p/ust-flexware-mess-kit-1-0-orange/-/A-51783350?link=rec adapt dph related_pr...">https://www.target.com/p/ust-flexware-mess-kit-1-0-orange/-/A-51783350?link=rec adapt dph related_pr...</a>	\$13.00		Needs a knife.
Sleeping Bag	Camping	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=5zja7Z5...">https://www.target.com/s?Nao=0&amp;facetedValue=5zja7Z5...</a>	\$60.00		
Survival Blanket	Camping	<a href="https://www.target.com/p/ust-survival-blanket-2-0-orange/-/A-51793787?link=rec slp search_bought slp5...">https://www.target.com/p/ust-survival-blanket-2-0-orange/-/A-51793787?link=rec slp search_bought slp5...</a>	\$13.00		
Head Flash Light	Camping	<a href="https://www.target.com/p/as-seen-on-tv-174-led-atomic-head-lamp/-/A-52118116">https://www.target.com/p/as-seen-on-tv-174-led-atomic-head-lamp/-/A-52118116</a>	\$20.00		Flash light that allows your hands to remain free.
Rain Pancho	Camping	<a href="https://www.target.com/s?searchTerm=rain%20poncho#s...21520183">https://www.target.com/s?searchTerm=rain%20poncho#s...21520183</a>	\$9.00		
2 pack Lighter	Camping	<a href="https://www.target.com/p/bic-multi-purpose-lighter-combo-2ct/-/A-14776969">https://www.target.com/p/bic-multi-purpose-lighter-combo-2ct/-/A-14776969</a>	\$5.00		
First Aid Kit - Sportsman Grizzly	Camping	<a href="https://www.amazon.com/Adv...Medical-Kits-Sportsman-Grizzly/dp/B008CZZVB8">https://www.amazon.com/Adv...Medical-Kits-Sportsman-Grizzly/dp/B008CZZVB8</a>	\$94.00		Excellent book on first aid. Backpacking.
Trash Bags - For Sanitary	Camping	<a href="https://www.target.com/p/glad-174-odorshield-febreze-fresh-clean-scent-tall-kitchen-drawstring-trash-bags-13gal-50ct/-/A-14738952">https://www.target.com/p/glad-174-odorshield-febreze-fresh-clean-scent-tall-kitchen-drawstring-trash-bags-13gal-50ct/-/A-14738952</a>	\$11.00		For bathroom, with no water. Use in a 5 gal bucket or the toilet.
Emergency radio and flash light	Tools	<a href="https://www.target.com/p/eme...radio-eton-am-fm-radio/-/A-49141269">https://www.target.com/p/eme...radio-eton-am-fm-radio/-/A-49141269</a>	\$40.00		
Flash Light	Tools	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=5vfd&amp;...">https://www.target.com/s?Nao=0&amp;facetedValue=5vfd&amp;...</a>	\$10.00		

Name	Category	Sample Link	Example Cost	Photo	Notes
Batteries - 1 - 24 pack of AA and AAA	Tools	<a href="https://www.target.com/s?searchTerm=batteries">https://www.target.com/s?searchTerm=batteries</a>	\$28.00		Match batteries to your kit items. Check expiration, more is better.
Whistle	Tools	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=6nkqm...">https://www.target.com/s?Nao=0&amp;facetedValue=6nkqm...</a>	\$4.00		
Multi-Tool	Tools	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=96a1n&amp;...51779179">https://www.target.com/s?Nao=0&amp;facetedValue=96a1n&amp;...51779179</a>	\$20.00		<a href="http://www.ustbrands.com/product/hammer-beast-multi-tool/">http://www.ustbrands.com/product/hammer-beast-multi-tool/</a>
Duct tape	Tools	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=5dc7d&amp;...">https://www.target.com/s?Nao=0&amp;facetedValue=5dc7d&amp;...</a>	\$4.00		
Dust Mask	Tools	<a href="http://www.acehardware.com/s...kwCatId=&amp;kw=dust%20mask...">http://www.acehardware.com/s...kwCatId=&amp;kw=dust%20mask...</a>	\$7.00		
Work Gloves	Tools	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=5t066&amp;...">https://www.target.com/s?Nao=0&amp;facetedValue=5t066&amp;...</a>	\$6.00		
Fire Extinguisher - Target	Tools	<a href="https://www.target.com/p/first-alert-designer-kitchen-and-home-fire-extinguisher/-/A-13794210#lnk=sametab">https://www.target.com/p/first-alert-designer-kitchen-and-home-fire-extinguisher/-/A-13794210#lnk=sametab</a>	\$23.00		
Fire Extinguisher - Size recommended by F.D.	Tools	<a href="https://www.amazon.com/Kidd...21005779-Fire-Extinguisher-160Cl/dp/B000VBGG5Q/ref=sr...ie=UTF8&amp;qid=1500253457&amp;sr...1&amp;keywords=kiddie%2BFire%2...">https://www.amazon.com/Kidd...21005779-Fire-Extinguisher-160Cl/dp/B000VBGG5Q/ref=sr...ie=UTF8&amp;qid=1500253457&amp;sr...1&amp;keywords=kiddie%2BFire%2...</a>	\$38.00		Recommended by LAFD: Dry chemical type with a minimum size rating of 2A-10BC, with an earthquake restraining strap
Two Way Walkie Talkie	Communication	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=5v5et&amp;...">https://www.target.com/s?Nao=0&amp;facetedValue=5v5et&amp;...</a>	\$70.00		Some are single, in pairs or packs. Some are rechargeable.
Backpack	Storage	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=5t091&amp;...">https://www.target.com/s?Nao=0&amp;facetedValue=5t091&amp;...</a>	\$35.00		<a href="https://www.thereadystore.com/ultimate-backpack-model-8045d">https://www.thereadystore.com/ultimate-backpack-model-8045d</a>
Rolling Duffel Bag	Storage	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=5v9ys&amp;...">https://www.target.com/s?Nao=0&amp;facetedValue=5v9ys&amp;...</a>	\$70.00		
Rolling Storage Box for supplies	Storage	<a href="https://www.containerstore.co...bags-boxes/store-it-all-trunk-with-wheels/12d?productId=10005098">https://www.containerstore.co...bags-boxes/store-it-all-trunk-with-wheels/12d?productId=10005098</a>	\$52.00		This can be used to store all you supplies and as a bench (with pillows).
Under bed storage box	Storage	<a href="https://www.target.com/s?Nao=0&amp;facetedValue=4v3y2&amp;...">https://www.target.com/s?Nao=0&amp;facetedValue=4v3y2&amp;...</a>	\$18.00		Great for storing water